

# **Scottish Action for Mental Health**

## **SAMH Group Report and Financial Statements**

Year Ended 31 March 2024

Registered No. SC082340

Charity Registration No: SC008897

## Strategic Report

The Trustees (who are also Directors for company purposes) are pleased to present the Strategic Report incorporating the Trustees' Report and the consolidated financial statements for the Group and Charity accounts for the year ended 31 March 2024.

**Trustees** (All Trustees serving during the year and up to the date of these financial statements are noted on page 22)

Shona Littlejohn	Chair of Trustee Board
Ross McAdam	Treasurer
Elizabeth Humphreys	Chair of the Audit and Risk Committee
Rachel Birch	
Barry Fitzsimmons	
Stuart MacKenzie	
Ruth Moss	

### Executive

William Watson:	Chief Executive
Jason Bryce:	Chief Operating Officer/Company Secretary
Joanne Anderson:	Executive Director of Influence and Change
Alex Cumming:	Executive Director of Operations
Hazel McIlwraith:	Executive Director of Fundraising and Major Appeal

### Independent Auditor

Anderson Anderson & Brown Audit LLP  
81 George Street  
Edinburgh EH2 3ES

### VAT Adviser

Grant Thornton UK LLP  
8<sup>th</sup> Floor, 110 Queen Street  
Glasgow G1 1DR

### Bankers

Bank of Scotland  
20-22 Shandwick Place  
Edinburgh EH2 4RN

### Solicitors

Lindsays  
Caledonian Exchange  
19A Canning Street  
Edinburgh EH3 8HE

### Investment Advisers

Barclays Investment Solutions Ltd  
1-4 Clyde Place Lane  
Glasgow G5 8DP

RBC Brewin Dolphin Ltd  
Sixth Floor, Atria One  
144 Morrison Street  
Edinburgh EH3 8BR

### SAMH Registered Office

Brunswick House  
51 Wilson Street  
Glasgow G1 1UZ

The financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

## Strategic Report (continued)

### Objectives and Activities

As detailed in the Articles of Association, updated on 7 December 2023, SAMH is established to raise awareness about and promote mental health and general welfare and to uphold and advance the interests of those citizens who experience mental health problems and their families and carers.

In furtherance of the above we will undertake to:

- Make representations with and on behalf of people with mental health problems to ensure that their rights as citizens are upheld.
- Explore new ways of developing help and support for those with mental health problems including those affected by poverty, stigma, discrimination, addictions, trauma, homelessness, abuse, other forms of exclusion and neurological or genetic conditions, all of which can be causes or consequences of mental health problems.
- Ensure that all services and facilities which are designed to promote inclusion create opportunities and enhance mental health and general welfare.
- Provide services and to promote and organise cooperation in the achievement of the above objects, within Scotland and further afield.

Our vision: is of a society where people are able to live their lives fully regardless of present or past circumstances.

Our mission: is to lead by example; to be innovative, purposeful and challenging in all that we do. SAMH campaigns for rights and rights-based services, challenges stigma and discrimination and promotes inclusion. We work to raise the aspirations and expectations of people who use services, people who deliver services and society as a whole. We aim to promote mental health and wellbeing within community and corporate life.

Our values: we believe that everyone has the right to be treated with dignity, respect and equality. We believe that everyone is entitled to hope and choice and to achieve personal fulfilment.

## Strategic Report (continued)

### Organisational Achievements and Performance

#### Introduction

Times are tough but SAMH is here to support. We've worked hard, despite the challenges, to support more people this year than in any year in our history. People are at the heart of everything we do and the support we provide is only possible due to the incredible commitment of our staff, strong leadership and support from our stakeholders and supporters. Our sincere thanks goes to everyone who has engaged with us throughout the year.

We have continued to demonstrate strong resilience within a difficult external environment including increased pressures experienced within the wider charitable sector, the impact of the cost of living crisis and the impact of pressures on local authority and government budgets.

Despite these challenges, we have engaged with an increased number of people through our community programmes and projects, training and information resources and continue to deliver impactful and meaningful services to those who need us most, including in a number of new areas, across the country. We have used our influence to achieve significant outcomes for individuals and communities across Scotland. We have also successfully delivered the third year of our organisational strategy "We Won't Wait" which sees SAMH continue to innovate through a number of strategic priorities and areas of focus, leading to lasting change within our own organisation and more widely within mental health and wellbeing across Scotland.

To meet these challenges SAMH needs to change too. This change cannot be incremental, it must be transformational and ground-breaking. We want to contribute to a positive future, in the way we have throughout our history.

To mark this next chapter and to better reflect what we are here to do, our name has changed. We are now SAMH, Scottish Action for Mental Health. Changing one word may seem subtle, a small difference. To us, it is a fundamental statement of intent.

We want to do more than we have ever done to take action for Scotland's mental health. We will innovate and evolve to be here for people who need us now, and for those who will need us in the years to come. Our new name is just the beginning; there is much more to come.

#### Centenary Year

During 2023/24 we celebrated our centenary year, marking 100 years of being there for Scotland's mental health. We did this through the delivery of a multi-dimensional programme of events and engagements. Our aim was to bring people together, to inform, influence and educate, share our history and contributions to Scotland's mental health over the years, but most importantly using our centenary as a catalyst for our future ambitions.

We delivered 14 distinct major events across Scotland, with an additional 12 local service and team celebrations, alongside smaller community engagement moments facilitated by partners and fundraisers. Staff, supporters, partners, service users and communities got involved. We met with over 1,000 individuals, 145 distinct organisations and engaged a large number of our workforce.

We hosted two public lectures; Suicide Prevention at the University of Glasgow and Care and Support at the Royal Botanical Gardens in Edinburgh, bringing members of the public and organisations together with leading experts from across the UK as they shared the most recent research, findings and best practice. We held three Business Leadership Events for senior leaders and Scottish employers sharing valuable perspectives on workplace mental health and wellbeing. Of those we met 76% of organisations were new to SAMH.

For our staff, we held four regional Wellbeing Festivals engaging 217 staff with 94% reporting the festivals had created space and time for their own wellbeing, given the opportunity to connect with colleagues and left them

## Strategic Report (continued)

*"feeling like SAMH really values and cares for its staff". 100% stated they would like them to continue with plans now in place to deliver similar events in the year 2024/25. We hosted a variety of influencing moments including time with our Ambassador - Sir Chris Hoy, Scotland's First Minister at the time – Humza Yousaf, and welcomed 185 guests at our Scottish Parliamentary Reception. To conclude our celebrations we held our Centenary Dinner at the Kelvingrove Art Gallery and Museum.*

*"The programme of events was very fitting for a celebration of this magnitude and the stories told emphasised how important the work SAMH does and will continue for the next 100 years" SAMH supporter.*

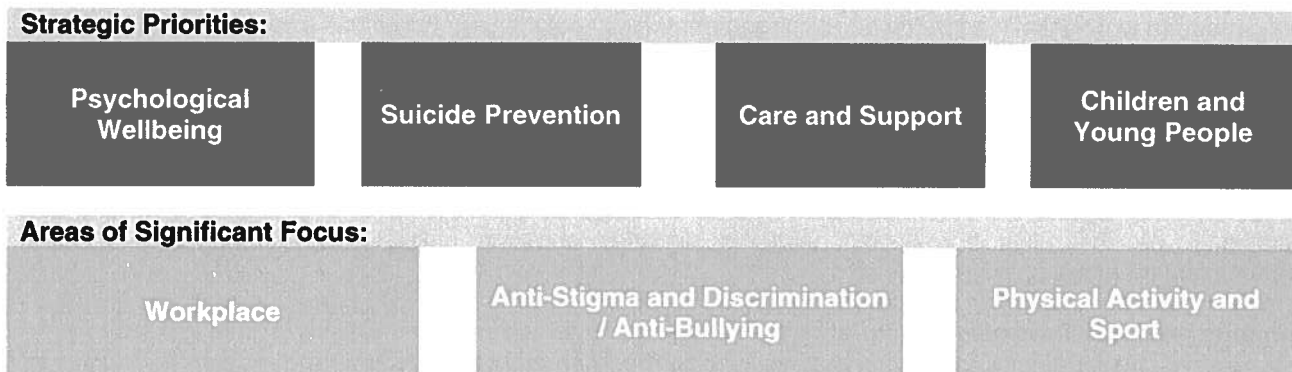
### Strategy 2021-24 – Year 3

#### Overview

We continued to deliver our organisational strategy 'We Won't Wait'.  
[https://www.samh.org.uk/documents/SAMH\\_Strategy-We\\_Wont\\_Wait.pdf](https://www.samh.org.uk/documents/SAMH_Strategy-We_Wont_Wait.pdf)

In the year, we undertook a review which saw us reprofile Children and Young People (CYP) as our fourth strategic priority, amend/revise a small number of strategic outcomes and with approval from Trustees extend our strategy period by one year, to end March 2025 instead of 2024 (recognising impact of Covid outbreak within the original strategy period).

Our revised strategy now focuses on four strategic priorities and three areas of focus:



#### Strategy Implementation Approach

Our approach is underpinned by a strategic framework which comprises three strands to delivering our plan: strategy implementation plan; strategy implementation groups and change management programme.

Our Strategy Implementation Groups (SIGs) for three of our strategic priorities (Psychological Wellbeing, Suicide Prevention and Care and Support) have continued to deliver a strong performance throughout the year, focused on key planning milestones and deliverables against strategic outcomes and working cross-organisationally. As well as quarterly reporting, representatives from each of the SIGs attended Executive Team meetings on a quarterly basis to discuss progress, engage in collective problem solving and take key decisions.

We have taken a different approach with CYP given its cross cutting nature and revised strategy outcomes and have adopted an Executive Sponsorship Approach, led by the Chief Executive and members of the Executive Team, and engaging others within the organisation as required.

## Strategic Report (continued)

Outwith SIGs, a similar opportunity for engagement has been created for Areas of Focus (Workplace, Physical Activity and Sport and Anti Stigma and Discrimination and Anti-Bullying) including periodic attendance at Executive Team meetings and regular meetings with the Chief Executive and Strategy Implementation and Development Manager to discuss progress and support future planning and development.

A second strand to our strategic framework is our Change Management Programme (CMP). This consists of cross cutting development priorities and areas required to support and enable our strategy implementation. CMP activity has advanced across all areas throughout the year with particular progress being seen within organisational development, quality assurance and digital.

Throughout the year we continued to evolve strategy performance monitoring and reporting. Quarterly reports updating on activity and performance against outcomes are assessed, applying a red, amber, green rating. This is achieved through a blend of self-reporting and further assessment by the Chief Executive and Strategy Implementation and Development Manager.

The key priorities for the performance monitoring and reporting approach is to provide a streamlined process which can be used for multiple purposes; providing continuous monitoring of performance with better coordination and integration of resources; and dynamic/proactive responses and actionable steps taken early where and when required. Quarterly performance updates are shared with Trustees with a yearly review on position shared in May each year. Additionally, an update overview report is provided to Executive Team monthly.

### Strategy – Leadership and Engagement

We continued to invest in leadership and engagement throughout the year which has ensured wider ownership across the strategy. Strategy implementation is discussed at every Executive Team meeting where we review progress across objectives in totality with focus on specific strategic areas and in-depth progress reports, collective problem solving and action planning.

The Senior Management Group (SMG) comprises of the senior leaders within the organisation and has met periodically throughout the year to collectively plan strategic delivery. Members of the SMG also lead and participate on the SIGs across our strategic priorities ensuring collective leadership, delivery and communication of our strategy.

### Strategy – Overall Progress

This year has been slightly different in that we took the decision mid-year to revise and reduce the number of outcomes from 43 to 38. The year-end position is noted as follows:

<b>YR3/Q4 Actual</b>	<b>Red</b>	<b>Amber</b>	<b>Green</b>	<b>Total Active</b>
<b>Area:</b>				
Care & Support	0	0	5	5
Psychological Wellbeing	0	2	5	7
Suicide Prevention	0	3	3	6
Workplace	1	2	1	4
Physical Activity & Sport	0	1	5	6
Children & Young People	0	0	5	5
Anti-Stigma & Discrimination and Anti-Bullying	0	1	4	5
<b>Total</b>	<b>1</b>	<b>9</b>	<b>28</b>	<b>38</b>

#### Key Highlights:

- Psychological Wellbeing – expansion of, and greater numbers of people engaging with our self-referral psychological support; achieving significant reach and impact and our ethos of Ask Once, Get Help Fast.

## Strategic Report (continued)

- Suicide Prevention – reaching agreement and successfully implementing our enhanced North East of Scotland programme, successfully being appointed as one of the Strategic Outcome Lead organisations for the Scottish Government’s national suicide prevention strategy.
- Care & Support – implementation and full roll-out of our new Quality Assurance Framework and continued successes within business development including winning new contracts and retention of existing services and employability programmes.
- Workplace – increased offers, delivery capacity and profile. Despite a new approach, revised business model, investment and new management structure put in place, Workplace consistently missed its income targets throughout the year which saw a red rating in place. Significant review of this area moving forward is being undertaken.
- Physical Activity & Sport – significant growth in programmes, diversity and partnerships including being the charity partner for World Athletics Indoor Championships 2024 and securing continued funding for the National Charter and Changing Room Extra Time.
- Children and Young People – refreshed outcomes and increased reach across a number of programmes with positive movement around campaigning and activism.
- Anti-Stigma & Discrimination and Anti-Bullying – achievement of objectives agreed with funders.

We believe significant momentum has been achieved to embed the strategy more deeply in the organisation and greater levels of empowerment are in place within a wider team. We expect acceleration on the delivery of outcomes in the final year of the strategy whilst we undertake development of our new organisational strategy.

As part of planning for year four, all outcomes are now considered to be in scope and we will take decisions on which ones have concluded throughout the year ahead.

### Activity in the year

Some of the key numbers to illustrate the support we deliver and the reach, engagement and activities across our work are detailed in the table below.

2023/24	2022/23	Services
28,467	c20,000*	People supported through our community-based services.
272	143	Suicide interventions carried out by SAMH staff.
		Training Resources
17,907	13,998	People accessed one-to-one, group or e-learning resources covering mental health training, awareness and suicide prevention; Tools for Living (self-management/personal development and resilience training).
18,250	20,313	People completed our Well-being Assessment Tool.
		Public Affairs
8	7	MSPs and MPs visited SAMH services.
15	17	Significant UK and Scottish Government consultations responded to; briefings issued and evidence provided.
		Information
5,397	5,322	Enquiries responded to from individuals requesting information, resources and help-seeking advice.
38,706	33,912	Resources accessed including downloads through our website.
		Media Engagement
52,000	79,152	People engaging with us through social media.
2,400	1,850	Mentions in the media including radio and television covering our work.
		Supporters and Events
22,265	20,975	Number of supporters.
3,511	3,565	People who took part in one or more fundraising activity.
57	55	Active corporate partnerships during the year.

## Strategic Report (continued)

		See Me and respectme
268	282	Employees trained through See Me workplace e-learning modules.
18,484	11,590	See Me materials and training resources downloaded.
4,155	2,350	Professionals, parents, carers participated in training utilising our anti-bullying resources.
26,830	18,275	Resources accessed including 'anti-bullying' leaflets downloaded. <i>(excludes verifying downloads).</i>

\*In the year 2022/23 a new Service User records system was launched leading to some minor impreciseness in data.

### Future Strategy

This will be the final year of our current strategy and we will continue with implementation and activity in order to achieve our strategic aims, objectives and outcomes. With this in mind, we will also be working concurrently, both cross-organisationally and engaging with key stakeholders and audiences to review, inform and design our future organisational strategy, to be implemented from April 2025 onwards.

### Service Users

The people we support may be at a particularly vulnerable time in their lives. Our services are person-centred and promote choice, recovery, social inclusion and independence. We have continued to increase the opportunities for service users to engage in the development of services and lead the activities to have greatest impact on their recovery. We have focused on digital inclusion across a number of services which delivered increased independence and capacity of service users.

The following sections highlight some of our major achievements and challenges during 2023/24 across our different service areas.

### Care and Support

As the largest part of our portfolio, our services remained the cornerstone of our delivery, across the year:

- Highlights include expanding our delivery of Distress Brief Intervention and Individual Placement Support into Fife; securing a new Peer Support service co-located with Fife Community Mental Health Teams; new Registered Service in Perth and three successful partnership bids for new, flagship employability services in Glasgow.
- Our employability services continue to deliver a strong performance and we have been successful in gaining new services in East Lothian, North Lanarkshire, East Renfrewshire, Glasgow and Fife.
- We developed a Quality Assurance Framework in April 2023 which now has been embedded in 47 Services. This has driven quality improvement and demonstrated increase in Care Inspectorate grades.

### Suicide Prevention

Our work within suicide prevention is underpinned by both the overarching organisational strategy and our pre-existing suicide prevention strategy, launched in 2019. Key aspects of this activity include:

- Appointment as the Strategic Outcome Lead for Outcome 2 of the Scottish Government and COSLA Suicide Prevention strategy and action plan, *Creating Hope Together*. As members of the Suicide Prevention Scotland delivery collective this has involved:
  - Established a new Lived and Living Experience Panel.
  - Continued to host the United to Prevent Suicide social movement.
- Co-founded the Grampian Suicide Prevention Partnership facilitating a regional approach across the five priority themes of building community capacity; lived experience; including the establishment of a new lived experience, data analysis, children and young people and bereavement including direct support for a school following a bereavement by suicide.
- Continuing to work with the University of Glasgow's Suicide Behaviour Research Lab (SBRL) to understand stigma and suicide.



## Strategic Report (continued)

- Signed a new Memorandum of Understanding at Glasgow Caledonian University (GCU) consolidating 13 years of partnership. We have now delivered mental health awareness training to over 650 members of staff.

### Psychological Wellbeing

Psychological wellbeing is the area within our strategy identified for transformational change and is a key priority for development and investment. Over the year:

- We continued to charitably invest in delivering our psychology based models and offers including Time for You to provide quick, self-referral access to a range of therapeutic based interventions and supports. Across the year the service has supported 610 self-referrals.
- Complementary to this we continued to provide the digital offer Qwell which has been accessed by 498 individuals, 98% would recommend to a friend.
- Our multi-channel Information Service responded to over 7,000 enquiries in the year.
- We have renewed our strategic partnership with GCU and continue to work collaboratively to explore opportunities for student placements within psychology based models and enhancing GCU courses to support student outcomes.

### Children and Young People (CYP)

During 2023/24 our CYP team engaged with 8,676 people in total via our training and support offers, which includes children and young people, staff, volunteers, parents and carers. This is a 62% increase in reach from the previous year. We delivered 585 mental health workshops with 8,498 participants in total. We delivered new CYP services for the first time in South Lanarkshire, East Renfrewshire and Aberdeenshire.

### Workplace

Our workplace wellbeing and commercial training involves providing mental health-related training and consultancy services to external organisations. Key activities include:

- Delivery of training courses to help create a mentally healthy workplace.
- Developed new products and content about self-harm, addictions and wrap-around support for Scottish Mental Health First Aiders.
- Developed a new Workplace & Corporate Engagement catalogue of product and services.

### Physical Activity and Sport (PAS)

Our PAS delivery has continued to go from strength to strength throughout the year. Key highlights include:

- SAMH was Charity Partner at the World Athletics Indoor Championship, supporting the Championship to be the first mentally healthy world sporting event in Scotland, and first world sporting event to become a signatory of Scotland's Mental Health Charter.
- Launched SAMH research report 'Moving through Menopause' with over a thousand women sharing their views and experiences of: menopause, physical activity and mental health to help inform the research, conducted by the University of Edinburgh.
- The Changing Room programme reaches football clubs and communities, building mental health literacy and resilience within participants. Over 400 men to date have participated in the Changing Room.
- The Mental Health Charter for Physical Activity and Sport reached its 700<sup>th</sup> signatory this year.

### Anti-Stigma & Discrimination and Anti-Bullying

Both of our national programmes: See Me – anti-stigma and discrimination and *respectme* – anti-bullying, have delivered key activities across the year including:

#### *respectme*

- Anti-Bullying Week 2023 took place in November 2023, bringing to a close our two-year campaign 'Listen Up! (Respect our Rights)'. Innovative youth-led resources for schools and youth groups were co-produced with our Youth Action Group (YAG). The YAG premiered their campaign animation film at the Scottish Parliament with Cabinet Secretary for Education and Skills, in attendance.

## Strategic Report (continued)

- Across the two-year campaign 585 schools/organisations pledged support to our '5-Step Action Plan' and 29,062 campaign themed resources were downloaded from our website.
- The new 'respectme reward' self-assessment digital platform launched in March 2023, with 45 schools signing up in 2023/24.

### See Me

- We used the data from the Scottish Mental Illness Stigma Study to take forward a national strategic approach to reducing stigma and discrimination.
- The Anti-Stigma Arts Fund creates safe spaces for people experiencing stigma to talk about their mental health and to create tools and resources that can be used to better understand and tackle public and self-stigma. We have funded projects, led by members of racialised and other marginalised groups and communities.
- The 2024 Time to Talk Day ran across the UK. The theme 'what I really mean' was designed to encourage people to have more honest conversations about how we're feeling to help combat the stigma that still exists around mental health.
- We worked with people with experience of mental illness and our UK anti stigma partners to create a campaign called "If it's Ok". The campaign aimed to highlight the ways shame continues to surround people with lived experience of mental illness and was promoted through various physical and online platforms.

## Influence and Change

### Influencing

We continue to advocate for positive change in policy and legislation to improve the lives of the people we support and people experiencing mental health problems across Scotland.

We have developed strong relationships across the Scottish Government and Scottish Parliament. Our annual survey of MSP perceptions showed high awareness and appreciation of SAMH and the work we do.

Specific activities in 2023/24 included:

- Bringing together twenty children and young people to discuss mental health issues with the First Minister at the time, Humza Yousaf MSP, at the National Museum of Scotland.
- Holding a reception, attended by almost 200 guests, including MSPs, partners, staff and people we support, to celebrate our centenary and showcase our work at the Scottish Parliament.
- Continuing to provide the secretariat for the Scottish Parliament cross-party group on mental health, driving its agenda and ensuring the participation and contributions of members.
- A fringe meeting with the Minister for Mental Wellbeing, Social Care and Sport, at the SNP autumn 2023 conference, focused on the mental health needs of children and young people.

Our formal parliamentary and governmental engagement included a range of responses, submissions and appearances:

### Scottish Government public and stakeholder consultations

- Adult Disability Payment: Review of the mobility component (April 2023)
- Self-Harm Strategy and Action Plan – Initial Draft (August 2023)
- Mental Health and Wellbeing Strategy – Delivery Plan (September 2023)
- A Human Rights Bill for Scotland (October 2023)
- Bankruptcy and Diligence (Scotland) Bill: mental health debt moratorium (January 2024)
- Wellbeing and Sustainable Development (Scotland) Bill (February 2024)
- Student Mental Health Action Plan (March 2024).

### Scottish Parliament calls for evidence

- Health, Social Care and Sport Committee: Pre-budget Scrutiny 2024-25 (August 2023)

## Strategic Report (continued)

- Social Security and Social Justice Committee: stage 1 call for views on the Social Security (Amendment) (Scotland) Bill (January 2024)
- Equalities, Human Rights and Civil Justice Committee call for views: Suicide Prevention Strategy Inquiry (March 2024).

### Scottish Parliament committee appearances

- Health, Social Care and Sports Committee: Inquiry into female participation in sport and physical activity (May 2023)
- Public Audit Committee: consideration of the Audit Scotland report on adult mental health (November 2023)
- Social Security and Social Justice Committee: stage 1 oral evidence on the Social Security (Amendment) (Scotland) Bill (March 2024).

### UK Government consultations

- Online Safety Bill – letter of support to all Scottish MPs (August 2023)
- Work Capability Assessment: activities and descriptors consultation (joint SAMH and See Me response) (October 2023).

### Engagement, reach and information

Our communications and campaigns activity has included:

- Working with Citizens Advice Scotland on their 'Stressed about Debt?' campaign.
- Working with ITV and STV and our charity partners Mind and Young Minds on the 'Britain Get Talking' campaign, which saw schools and young people across Scotland having conversations about what's on their minds.
- More than 2,400 media mentions across a range of news, features, editorial and other stories about our work in print, broadcast and online.

In 2023/24, our social media channels (Facebook, Instagram, LinkedIn and X/Twitter):

- We are followed by almost 96,000 people.
- Had a total reach of four million people.
- Received over 52,000 engagements.

## Supporters

As always, we extend our heartfelt gratitude to our donors, supporters, corporate partners, and fundraisers. Their invaluable contributions and generosity are the cornerstone of our ability to deliver essential charitable services. We recognise that without their support, we would be unable to fulfil our mission effectively.

### Fundraising

We received donations from a mixture of donors, regular givers, event participants, supporter led activity, and corporate partners. Participants took part across 16 third party fundraising events last year, with a record number taking part in Edinburgh Marathon Festival. We also saw a significant increase in supporters organising their own fundraising activity, taking part in events virtually or simply sending a donation to the cause.

### Corporate Partners

In 2023/24, our corporate partners demonstrated exceptional generosity through a diverse range of activities, including customer and staff donations, product sales, and sponsorships. We extend our heartfelt gratitude to everyone who contributed and got involved in supporting our cause.

## Strategic Report (continued)

### Plans for future periods

Aligned to our three-year strategy, we will be progressing with our implementation and delivery across the priorities and areas of focus for the remainder of its life cycle to achieve our strategic aims, ambitions and outcomes. Concurrently we will inform and design our future organisational strategy, to be implemented from April 2025 onwards

To ensure the wellbeing of our staff, we are continuing to invest in our People and Organisational Development Framework and workforce wellbeing.

### Equality, Diversity & Human Rights

As an organisation, SAMH is committed to promoting equality and diversity and aim to represent the communities we are here to support. We aim to have a truly diverse organisation – diversity of thought, background, experience and of all protected characteristics. We champion an inclusive, human rights and people-centred approach for colleagues, the people we support and in everything we do in line with core SAMH values of dignity, respect and equality.

Through our work we campaign for rights and rights-based services, challenge stigma and discrimination and promote inclusion. We lead by example; to be purposeful and challenging in all that we do. One example was our consultation response outlining support on proposals for a new Human Rights Bill in Scotland.

Being customer-focused and person-centred is part of our quality management principles which informs the self-evaluation process for services. As part of this, colleagues reflect on the impact of their work to ensure support is tailored to the individuals' needs, rights and choices. Feedback and views from people we support also informs the evaluation process.

For colleagues, we re-launched the internal Wellbeing Framework which details our organisational commitments to leadership, culture, physical and mental health, life-work balance and zero tolerance to stigmatising or discriminatory attitudes or behaviours. Our learning and development courses include Equity, Diversity and Inclusion, Mental Health Stigma and Discrimination and Respect at Work. At recruitment, we have a robust and transparent approach appointing candidates based on performance and competence, regardless of any protected characteristic. We welcome applications from anyone and particularly encourage applications from people with a disability or who have experience of mental health problems. We remain an accredited Disability Confident Employer and Living Wage Employer.

### Colleague Engagement

People are the heart of everything we do at SAMH. We are proud to deliver person-centred support to people across Scotland every day; made possible through the dedication, skills, compassion and resilience of SAMH colleagues.

We align our employment practices to the Scottish Fair Work Convention Framework and to the belief that fair work offers effective voice, opportunity, security, fulfilment and respect. The SAMH People and Organisational Development Framework continues to set out internal priorities across the following themes: organisational design and resourcing, reward and recognition, workforce development, wellbeing, engagement and culture, enabling systems and processes.

In 2023 we held four wellbeing festivals for colleagues as part of the centenary year events; which provided activities across the 5 ways to better wellbeing. We re-launched our Wellbeing Matters framework and developed a new quarterly Wellbeing bulletin. We remain committed to ensuring a positive culture around physical and mental health for all colleagues; using a range of approaches, such as: leadership engagement and communications, supportive policies and practice, early intervention and support, flexible working, confidential employee assistance programme, counselling, occupational health and training for all colleagues

## Strategic Report (continued)

on mental health, suicide prevention and diversity. We offer colleagues two paid wellbeing days off per year to focus on their own wellbeing and self-care and we also offer all teams a wellbeing allowance to spend as they choose in support of their wellbeing.

Following feedback from colleagues through a skills and strengths survey in 2023, we created a new SAMH workforce development programme with seven areas to learn, support and grow together including:

- Flexible and differentiated learning plans, a variety of new course development and over 100 continuous professional development (CPD) modules.
- A new SAMH Vision for Leadership informed by the voices of over 80 managers and individuals; promoting the competencies and behaviours to support ongoing leadership feedback, development and day-to-day interactions.
- Lots of other resources on career pathways, mental health and tools to support learning through experiences, understanding yourself/others, feedback and coaching.

As part of reward and recognition, we implemented a one-year pay settlement for 2023/24 following negotiation with the recognised union (Unite the Union). We continued to hold regular positive and productive meetings with the union on many workforce matters including mental health, wellbeing and health and safety. We also completed an external review of all reward and recognition practices which highlighted the positive and enhanced elements of practice and recommendations for ongoing improvement.

### Section 172(1) Statement – Companies Act 2006

This statement sets out how the Directors of SAMH have applied and complied with Section 172(1) of the Companies Act 2006 (the Act) in accordance with the Companies (Miscellaneous Reporting) Regulations 2018. The Directors of SAMH, as those of all UK companies, must act in accordance with a set of general duties set out in section 172 of the Act. The Directors consider, both individually and together, that they have acted in the way, in good faith, that would be most likely to promote the success of the charity for the benefit of its members as a whole (having regard to the stakeholders and matters set out in s172(1)(a-f) of the Act) in the decisions taken during the year ended 31 March 2024.

SAMH identifies its key stakeholders as its staff and volunteers, service users, supporters and members of the wider public in Scotland and commissioning bodies and funders. The interests of these stakeholder groups are ensured through an accountable decision making structure, and through consultation and engagement with each stakeholder group.

#### Decision Making

SAMH's intention is to behave responsibly and maintain a reputation for high standards of business conduct and good governance. The organisation is structured to ensure accountable decision making for the benefit of internal and external stakeholders. As detailed under "*Structure, Governance and Management*" (page 21, the charity is governed by an elected Board of Trustees, who oversee organisational leadership by the Chief Executive and Executive Team.

SAMH's Executive Directors ("the Executive") have delegated authority from the Trustees for key areas of decision making, documented in the 'Reserved Matters for Trustee Board'. The Executive Directors have responsibility for operational decision making, and report quarterly to the Board of Trustees.

#### Staff and volunteers

SAMH staff and volunteers are at the heart of the work of the charity. In particular further changes and pressures upon staff of this year have strengthened our commitment to protect their wellbeing and create opportunities for their engagement in key decision making processes.

#### Service Users

The people we support may be at a particularly vulnerable time in their lives. Our services are person-centred and promote choice, recovery, social inclusion and independence. During the year we have rolled out our

## Strategic Report (continued)

Quality Assurance Framework which along with our Care and Support platform has supported the continued drive to improve services and outcomes for service users.

### Impact on the wider public

In addition to our services SAMH plays an important role in the wider Scottish community and these are described throughout our strategic report.

### Funders and commissioning bodies

The work of SAMH is funded by a combination of commissioning bodies, funders, donors, supporters and corporate partners. Regular engagement with our service commissioners and funders ensures contracts are delivered according to specifications.

### Business Conduct

SAMH aims to maintain a reputation for high standards of business conduct. We strive to pay suppliers regularly and on time, using electronic payments where possible. Our investment approach is to achieve a balance between investing in ethical based funds and capital growth.

### The need to act fairly as between members of the charitable company

The Board of Trustees meets regularly and is collectively responsible for ensuring that the Charitable Company's operations are aligned to our internal values and to focus on the short and long-term strategically important decisions and activities of the company, including considering how the charitable Company will act fairly with all key stakeholders, as described above.

### Climate

The climate emergency is a major risk to society and our mental health. SAMH acknowledges its environmental responsibilities and the environmental impact of its business operations and is committed to continuously improving its sustainability to reduce its impact on the environment. SAMH is reporting environmental data for a third time with the below energy consumption and emissions statistics being subject to an Energy Savings Opportunity Scheme (ESOS) audit.

We confirm compliance with phase 1,2 and 3 of the ESOS. Actions taken as a result include moving to more efficient lighting sources, reducing travel where possible, carrying out maintenance routinely to ensure maximum efficiencies and performance and encouraging staff to promote sustainability practices.

### Streamlined Energy and Carbon Reporting (SECR)

In accordance with the Streamlined Energy and Carbon Reporting ("SECR") requirements outlined in the Companies Act (2006) for large quoted and unlisted companies SAMH is required to report on its Greenhouse Gas (GHG) emissions.

Utility Aid have been engaged to undertake this exercise and below is a summary of their report on annual GHG emissions, total energy consumption for SAMH covering the operation of our sites, owned vehicles and Grey Fleet travel.

### Methodology

Utility Aid have followed the 2019 UK Government Environmental Reporting Guidelines to include Streamlined Energy and Carbon Reporting Guidance. They have also reported on some aspects of the GHG Protocol Value Chain (Scope 3) but are not yet able to report on all categories that may be relevant. The figures relate to the Scope 3 emissions, where information has been made available from the required elements. They have used the UK Government GHG Conversion Factors for Company Reporting (2023).

### GHG Emissions Scopes

The following reporting scopes (as outlined by the Greenhouse Gas Protocol) are included within this disclosure:

## Strategic Report (continued)

**Scope 1 Emissions:** direct emissions from sources which SAMH owns or controls. This includes emission generated by our vehicles and natural gas consumption across our sites.

**Scope 2 Emissions:** indirect emissions relating solely to the generation of purchased electricity that is consumed by SAMH.

**Scope 3 Emissions:** indirect emissions relating to solely to business travel by employee-owned vehicles (Grey Fleet).

### Energy Consumption

The table below displays our annual energy consumption for electricity, natural gas, vehicle fleet travel, and Grey Fleet travel for the year ended 31 March 2024. As per SECR reporting requirements this information is presented in kilowatt hours (kWh).

Emissions Source	GHG Scope (GHG Protocol)	Reporting Units	1 April 2022 to 31 March 2023	1 April 2023 to 31 March 2024	Percentage increase in consumption
Natural Gas	Scope 1	Kilowatt hour (kWh)	1,108,359	1,240,747	11.94
Grey Fleet/ own vehicles	Scope 3	Kilowatt hour (kWh)	363,889	422,790	16.19
Electricity	Scope 2	Kilowatt Hour (kWh)	335,563	426,094	26.98
Burning oil	Scope 1	Kilowatt Hour (kWh)	219,867	275,037	25.09
<b>Total Energy Consumption (kWh)</b>			<b>2,027,678</b>	<b>2,364,668</b>	<b>16.62</b>

### GHG Emissions Reporting

In accordance with SECR reporting requirements our GHG Emissions disclosure is outlined below. Results have been split by GHG Emissions Scope as outlined by the GHG Protocol calculation methodology.

GHG Emissions Scope	Result Units	1 April 2022 to 31 March 2023	1 April 2023 to 31 March 2024	Percentage of GHG Emissions	% Change on prior year
Scope 1	tonnes CO2e	259.2	294.8	61.6	14
Scope 2	tonnes CO2e	64.9	88.2	18.4	36
Scope 3	tonnes CO2e	94.6	95.6	20.0	1
<b>Total GHG Emissions</b>	<b>tonnes CO2e</b>	<b>418.7</b>	<b>478.6</b>	<b>-</b>	<b>14</b>
GHG Emissions Intensity 1	tonnes CO2e/£M turnover	19.7	19.8	-	1

Total GHG Emissions for Scope 1 and Scope 2 for the year ended 31st March 2024 is 383 tonnes CO2e. Of our total GHG emissions, Scope 1 accounts for 61.6%, Scope 2 accounts for 18.4%, and Scope 3 accounts for 20.0%. Our GHG Emissions CO2e Intensity per £M turnover is 19.8 tonnes CO2e.

## Strategic Report (continued)

### Financial Review and Results for the Year

The financial results reflect ongoing investment in our organisational strategy and our people as well continued investment in mental health promotion, campaigning and services for people.

#### *Key financial results:*

Group income at £20,268,294 (2023 £21,250,058) has decreased by 4.6% on the previous year. At £21,667,092 (2023 £20,514,104) expenditure has increased by 5.6%. The group deficit for the year of £931,890 (2023 surplus £393,272) includes an unrealised gain on investments of £466,908 (2023 loss of £342,682). The result comprises a decrease in unrestricted funds of £994,629 and an increase in restricted funds of £62,739. Notes 14 and 15, pages 48-54 provide further information on restricted and unrestricted funds.

The 4.6% decrease in income was pre-dominantly due to lower donations and legacies income which fell by £974,316. Donations and gifts were £996,607 (2023 £1,063,876). Legacies received in the year amounted to £17,659 (2023 £98,338) and income from Trusts and Foundations and Corporate partners was £911,629 (2023 £1,707,997).

As at 31 March 2024 the whole of Hayweight House in Edinburgh was designated as an investment property. Previously one floor was occupied by the organisation and this was classified as a tangible asset for accounting purposes. As at 31 March 2024 we had agreed to sell the property on the open market and the valuation is based on the agreed sale price. The property was subsequently sold in May 2024. Overall the adjustments resulted in an unrealised loss of £61,308.

There is an unrealised gain of £528,216 on our investment portfolios with the funds managed by Barclays making a gain of £226,888 and the portfolio managed by RBC Brewin Dolphin making a gain of £301,328.

Cash held at 31 March was £1,839,018 (2023 £3,520,045). The decrease of £1,681,027 reflects the operational deficit as well as the reduction in creditors.

Restricted reserves of £694,302 include £613,844 which are restricted by the funder for a specified purpose and will be spent in future years. The remaining £80,458 was received for the purchase of capital equipment; depreciation on these assets will be charged to this fund in accordance with the policy.

A review has been undertaken to ensure that the organisation will remain a going concern for at least one year from the date of signing (Page 24 below).

#### *Reserves policy*

The Trustees understand the importance of balancing the requirements of the organisation's operations against holding funds in reserve. The reserves policy was reviewed during 2023/24 and the revised policy states that SAMH should hold at least 16 weeks of operating costs in free general reserves. This was a reduction from the previous policy of 21 weeks. At the current level of expenditure, we have 22 weeks (2023 27 weeks) free reserves which is in line with the policy.

Additional information on each of the reserve funds can be found in the notes to the financial statements (Notes 14 and 15, pages 48-54).

#### *Principal funding sources*

As in prior years the principal funding source for the organisation is the provision of social care contracts with local authorities at £12.6 million (2023 £11.6 million); with £7.5 million (2023 £9.6 million) coming from



## Strategic Report (continued)

other sources. (Further information on funding sources is detailed in Note 3, pages 37-38 and Note 14, pages 48-51).

### *Supplier payment policy*

The organisation works hard to ensure supplier payments are made regularly and on time. Many payments are made by direct debit or standing order, with the remainder being paid by BACS or cheque. Suppliers are encouraged to submit details to allow electronic payment to be made. BACS payments are made fortnightly.

### *Investment policy*

In accordance with the Articles of Association, the Trustees have the power to invest in such stocks, shares, investments and property as they see fit. Our policy is to invest in a number of ethical based funds with the aim of maximising capital growth. SAMH has engaged Barclays Investment Solutions Ltd and RBC Brewin Dolphin to manage the investment funds.

The valuation of our portfolio on 31 March 2024 was £7,273,307 (2023 £7,105,451), an increase of £167,856.

## Strategic Report (continued)

### Principal Risk and Uncertainties

The Board of Trustees is responsible for ensuring that there are adequate and effective risk management protocols and internal control systems in place to manage SAMH's major risks and support the achievement of our strategic objectives. The Audit and Risk Committee supports the Trustee Board in its assessment, taking into account the Risk Management Framework and Risk Appetite, to ensure appropriate risk identification and consideration within SAMH.

In order to protect our purpose, stakeholders, and operational resilience, SAMH prioritises strong risk management procedures as part of our continued commitment to excellence and sustainability. As Scotland's leading mental health charity, we understand the dynamic operating environment in which we work, where challenges may come unexpectedly. As a result, our risk management approach serves as a proactive tool for identifying, assessing, and addressing possible risks and uncertainties that may have an influence on our capacity to provide critical mental health support services across Scotland's communities. Processes that are in place to manage the key risks that could affect SAMH's ability to achieve its objectives, include the following:

- SAMH employs a comprehensive Three Lines of Defence model as the cornerstone of our Risk Management approach.
- Our Risk Management Framework sets out a clear governance structure, with defined roles and responsibilities, and accountabilities across our organisation, ensuring robust governance, risk oversight, and control effectiveness.
- A risk escalation protocol is operational, to identify risks at Directorate and Corporate level and ensure that, where applicable, these are included in the Corporate Risk Register, which is subject to regular review by the SAMH Executive Team and Trustees.
- Regular 'horizon scanning' reports are provided to the Executive Team and Trustees, identifying risks and emerging trends to ensure we are equipped to adapt.
- The Audit and Risk Committee approves an annual risk-based internal audit plan, and reviews regular audit reports on internal controls and risk management across the charity.
- SAMH maintains an independent outsourced Internal Audit function to provide assurance on the effectiveness of our internal controls and practices.

In financial year 2023/24 the external environment remained challenging, with several interconnected risks. The wider economic outlook poses a continued risk to our capacity to deliver services within budget. Escalating living costs drive up demand for our services. Concurrently fiscal strains on government and local authority budgets heighten the risk of reduced support for vital services. To navigate these challenges, the Executive Team has maintained vigilant oversight and implemented proactive measures over the past year. Mitigation strategies have been implemented to minimise the impact of these uncertainties and strengthen our readiness for these situations.

## Strategic Report (continued)

The principal risks to our strategic objectives and how they are managed are set out below.

Principal Risk	Primary Mitigation
<p><b>Financial</b></p> <p>Financial position deteriorates due to increasing costs not being matched by income generation.</p>	<ul style="list-style-type: none"> <li>• Detailed budget-setting process and development of short and long term financial plans reviewed and approved by Trustees and SAMH Executive. Regular financial monitoring with actions taken to mitigate any budget pressures, including effective cost management measures.</li> <li>• Continuous monitoring of portfolio and income pipelines to develop opportunities to diversify and grow portfolio.</li> <li>• Expenses policies in place to ensure procedures are consistent across SAMH.</li> <li>• Reserves and investment policy to provide guidelines for reserves and to ensure maximum returns on investments within agreed risk appetite.</li> </ul>
<p><b>Strategy</b></p> <p>Do not deliver key elements of the strategy.</p>	<ul style="list-style-type: none"> <li>• Strategy Implementation Groups well established to provide implementation guidance, oversight and reporting to Executive and Trustees.</li> </ul>
<p><b>Operational</b></p> <p>Failure to attract, recruit and retain sufficient staff which could prevent the delivery of our objectives and services.</p>	<ul style="list-style-type: none"> <li>• The SAMH People and Organisational Development Framework, outcomes and annual plan sets out how we will align people, processes and strategy to enhance organisational performance. This is based around a number of themes including Organisational Design and Resourcing, Reward and Recognition, Workforce Development, Wellbeing and Engagement and Culture.</li> </ul>
<p>Duty of care to Service Users not met, including risk of safeguarding concerns.</p>	<ul style="list-style-type: none"> <li>• The SAMH Quality Assurance Framework (QAF) is key in mitigating service delivery risk: QAF is now fully rolled out across our services providing a consistent approach to monitoring and reporting on service delivery.</li> <li>• Safeguarding of children and vulnerable adults through rigorous employment checks, mandatory training for all staff and designated safeguarding leads to provide guidance to staff.</li> </ul>
<p><b>Regulatory and Compliance</b></p> <p>Breach of key legislation concerning Health and Safety and Data Protection</p>	<ul style="list-style-type: none"> <li>• SAMH contract with WorkNest, as our designated Competent Person on Health and Safety.</li> <li>• Ongoing actions to strengthen health and safety and data protection policies, procedures and staff awareness of key issues.</li> </ul>

## Strategic Report (continued)

Principal Risk	Primary Mitigation
<b>Cyber Security</b> Risk of future cyber-attack	<ul style="list-style-type: none"><li>• Multiple cyber security controls put in place including installation of a 24/7 service Security Operation Centre with specialised cyber security partner.</li><li>• Action ongoing to move SAMH to a fully cloud based model of working.</li><li>• External reviews of information systems and controls.</li></ul>

## Strategic Report (continued)

### Structure, Governance and Management

SAMH is a company limited by guarantee registered in Scotland with company number SC082340, governed by its Articles of Association (as amended from time to time), and has obtained permission from the Registrar of Companies to omit the word 'limited' from the company name. SAMH has been recognised by the Office of Scottish Charity Regulator as a Scottish charity with charity number SC008897.

#### *Trustee Board*

The Trustees of the charity, who are also Directors for company purposes, are appointed to the Board through a nomination process as detailed in the Articles of Association. The maximum number of Trustees is 14 (minimum six) with the opportunity for a further two co-options. Trustees may serve a maximum of two terms (a term being three years), and the Chair is eligible to stand for one further three year term, subject to a maximum of six consecutive years as Chair and nine consecutive years in total. During the course of the financial year to 31 March 2024, Trustee Board held four general meetings and an Annual General Meeting (AGM). Meetings were held in person, on occasion, facilitating attendance online for members where required.

The 'Reserved Matters for Trustee Board' identifies areas of responsibility and authority that Trustee Board will retain and levels of authority that can be delegated to the Chief Executive and the Executive Directors. The Reserved Matters are structured into 5 key areas:

- Corporate Governance
- Strategy and Management
- Financial Reporting and Controls
- Internal Controls and Risk Management
- Financial and Contractual Authority

SAMH had no incidents during the year which triggered its Duty of Candour.

#### **Trustee recruitment and development**

Sadly, Rev Stuart MacQuarrie passed away in November 2023. During his time as a Trustee Stuart's contribution was extremely valuable in many different areas and he is sadly missed by all Trustees and everyone at SAMH.

At the AGM in October 2023, one Trustee retired from Trustee Board. There was re-appointment, and one Co-option.

Areas of improvement and success were highlighted from a governance self-assessment. As a result, there has been a focus on creating a more structured Trustee induction programme, alongside a more accessible Trustee Handbook. An external review is planned for initiation in FY2025 to build upon and continue improvement of SAMH Governance.

The Chief Executive has also introduced one hour information sessions prior to Board Meetings with the aim to increase Board knowledge and capacity. The first session took place in February 2024 and covered Investment Strategy and Mental Health/Psychiatry.

All Trustees proactively participated in an annual development meeting with the Chair.

## Strategic Report (continued)

Outlined below are all those who, having been elected and approved, served in the year ended 31 March 2024 and up to the date of these financial statements:

Shona Littlejohn<sup>1,2</sup>

Elizabeth Humphreys<sup>1</sup>

Ross McAdam<sup>1</sup>

Jamie Kinloch BEM<sup>3</sup>

Rev Stuart MacQuarrie<sup>4</sup>

Dr Alexandra Wright<sup>1,5</sup>

Rachel Birch

Barry Fitzsimmons<sup>1</sup>

Stuart Mackenzie

Ruth Moss

Charles Smith<sup>6</sup>

<sup>1</sup> Member of SAMH's Audit and Risk Committee

<sup>2</sup> Appointed chair 12 October 2023

<sup>3</sup> Resigned 12 October 2023

<sup>4</sup> Resigned 27 November 2023

<sup>5</sup> Resigned 24 May 2024

<sup>6</sup> Resigned 19 May 2023

## Strategic Report (continued)

### *Sub-Committees*

There are two sub-committees of the Trustee Board: each sub-committee operates in accordance with its terms of reference and reports directly to the Trustee Board.

#### **Chair's Sub-Group**

It is the responsibility of the Chair's Sub-Group to provide a governance response to Executive Team in exceptional circumstances or emergency situations; and to assist with reviewing the performance of the Chief Executive and Executive Team where required.

#### **Audit and Risk Committee**

This Committee was set-up to review the effectiveness of risk management and internal control systems, and to ensure the organisation complies with financial reporting requirements, Charity and Company Law and other legislation and regulatory requirements. During the course of the year Trustee Board received regular updates on the work of Audit and Risk Committee and Internal Audit, demonstrating that the Committee had effectively carried out its duties and obligations in line with its Terms of Reference.

Audit and Risk Committee engaged with the statutory auditors; considered the Letter of Representation and Auditor's Report; reviewed and submitted the Annual Report and Financial Statements to Trustee Board with recommendation for approval.

### *Management*

Under the governance of the Trustee Board and leadership of the Chief Executive Officer and Executive Team, the organisation is structured to support the delivery of its objectives. The Chair and Chief Executive meet, at a minimum, on a monthly basis to review key developments. Key management personnel during the year were: Chief Executive, Chief Operating Officer, Executive Director of Operations, Executive Director of Influence and Change and the Executive Director of Fundraising and Major Appeal.

In accordance with the organisation's process, the Chief Executive and Executive Directors undergo an annual appraisal, conducted by the Chair and Chief Executive respectively. The Trustee Board assisted by the Chair's Sub-Group review the overall performance of the Executive Team. The remuneration of the Chief Executive is set by the Trustee Board and reviewed periodically. The salaries for the Executive Team and Senior Management Team are set in accordance with SAMH's standard remuneration process.

The roles and responsibilities of the Chief Executive and Chief Operating Officer/Company Secretary encompass SAMH and its subsidiary companies. In addition, the Chief Executive and the Chief Operating Officer/Company Secretary are Directors of SAMH Services (Scotland) Limited and Mental Health Scotland Limited (dormant).

### *Investments*

The charity has investments in wholly owned subsidiary companies: SAMH Services (Scotland) Limited, Mental Health Scotland Limited (dormant) and Angus Mental Health Association (AMHA) (dormant). SAMH is the ultimate and direct parent of all three entities.

## Strategic Report (continued)

### *Going concern assessment*

The Financial Statements have been prepared on a going concern basis. The results for the year show a deficit of £931,890 for the Group, of which £466,908 represents the unrealised gain on investments. The deficit before the unrealised gain on investments was £1,398,798.

The current economic environment is challenging with inflationary pressures impacting costs across the organisation especially in relation to pay. Furthermore, local authorities face a challenging funding landscape which potentially impacts funding available to SAMH. However, the Charity's key operations continue with demand for its underlying services increasing. Furthermore, as most of our contracts are with local authorities which regardless of financial challenges have a statutory duty to provide their services, there have been no material changes to existing contracts. Inflationary pressures have been reflected in cashflow forecasts and have not materially impacted the ability of the Charity to continue as a going concern through to the period up to 12 months from the approval of these financial statements and beyond. At each meeting of the Board, Trustees receive updated financial impact assessments to provide assurance that SAMH continues to meet and exceed prudent going concern criteria.

Financial sustainability remains on the Corporate Risk Register, which is reviewed quarterly by the SAMH Executive and Audit and Risk Committee and twice annually by the Trustee Board.

The organisation continues to engage with its commissioners, funders, corporate partners, supporters and donors. We will update finance and fundraising impact assessments on an ongoing basis taking appropriate action as required whilst continuing to explore new and developing funding opportunities.

Taking a prudent approach management has considered financial plans and cash flow forecast for the period to August 2025, covering at least 12 months from the approval of the financial statements. Allowing for plausible worst-case scenarios the organisation is confident we hold sufficient cash or liquid investments to ensure we can meet our obligations as they fall due.

Management provides a letter of support to our subsidiary SAMH Services Scotland Ltd. We have assessed the risk of this impacting on the going concern status of the group and do not believe this creates any additional significant risk.

These financial statements are therefore prepared on a going concern basis, and there are no material uncertainties in respect of SAMH's ability to continue as a going concern. The financial statements do not include any adjustments relating to the recoverability and classification of recorded asset amounts or to the amounts and classification of liabilities that might be necessary should the Charity not continue as a going concern.

### **Disclosure of information to auditor**

So far as each person who was a director at the date of approving this report is aware, there is no relevant audit information, being information needed by the auditor in connection with preparing its report, of which the auditor is unaware. Having made enquiries of fellow Trustees, each director has taken all the steps that he/she is obliged to take as a director in order to make himself/herself aware of any relevant audit information and to establish that the auditor is aware of that information.



## Strategic Report (continued)

### Auditor

Following a competitive tender process, Anderson Anderson & Brown Audit LLP were appointed as our auditors at the October 2023 AGM.

In their capacity as Directors of SAMH, Trustees approve the above Strategic Report incorporating the Trustees' Report.



Shona Littlejohn  
Chair  
28 August 2024

## Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Charity and company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The responsibilities of the trustees and the executive directors have been reviewed and stated in documentation which includes job descriptions for board members and office bearers. It is the responsibility of the trustees to agree the strategic direction and corporate objectives of the organisation and to monitor overall performance against the corporate plan as well as ensuring that sufficient controls exist to safeguard the company's assets. The executive directors attend the board of management, are responsible for implementing strategy, deploying resources in order to meet corporate objectives, and for reporting organisational performance to the board.

**INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF SCOTTISH ACTION FOR MENTAL HEALTH**

**Opinion**

We have audited the financial statements of Scottish Action for Mental Health (the 'charitable company') and its subsidiary ("the group") for the year ended 31 March 2024 which comprise the group and charitable company Statement of financial activities, the group and charitable company Statement of financial position, the group and charitable company Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group and charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Trust's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The other information comprises the information included in the Annual Report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the Annual Report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material

**INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF SCOTTISH ACTION FOR MENTAL HEALTH (continued)**

inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by The Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Strategic report and Directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- The Strategic report and Directors' report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept; or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

**Responsibilities of Trustees**

As explained more fully in the Directors' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the group and the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the charitable group or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

**INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF SCOTTISH ACTION FOR MENTAL HEALTH (continued)**

**Extent to which the audit was considered capable of detecting irregularities, including fraud**

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We identified and assessed the risks of material misstatement of the financial statements from irregularities, whether due to fraud or error, and discussed these between our audit team members. We then designed and performed audit procedures responsive to those risks, including obtaining audit evidence sufficient and appropriate to provide a basis for our opinion.

We obtained an understanding of the legal and regulatory frameworks within which the charitable company operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Companies Act 2006 and The Charities and Trustee Investment (Scotland) Act 2005, together with the Charities SORP (FRS102) 2019. We assessed the required compliance with these laws and regulations as part of our audit procedures on the related financial statement items.

In addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which might be fundamental to the charitable group's ability to operate or to avoid a material penalty. We also considered the opportunities and incentives that may exist within the charitable group for fraud. The laws and regulations we considered in this context for the UK operations were Anti-fraud, bribery and corruption legislation, Taxation legislation, Health and safety legislation and Charity regulations.

We identified the greatest risk of material impact on the financial statements from irregularities including fraud to be:

- Management override of controls to manipulate the charitable group's key performance indicators to meet targets.
- Recognition of revenue in an incorrect period.
- Compliance with relevant laws and regulations which directly impact the financial statements and those that the charitable group needs to comply with for the purpose of trading

Our audit procedures to respond to these risks included:

- Testing of journal entries and other adjustments for appropriateness
- Evaluating the business rationale of significant transactions outside the normal course of business
- Vouching revenue transactions to source documentation and performance obligations, assessing the revenue recognition
- Reviewing judgments made by management in their calculation of accounting estimates for potential management bias
- Enquiries of management about litigation and claims and inspection of relevant correspondence
- Reviewing legal and professional fees to identify indications of actual or potential litigation, claims and any non-compliance with laws and regulations
- Analytical procedures to identify any unusual or unexpected trends or relationship
- Reviewing minutes of meetings of those charged with governance to identify any matters indicating actual or potential fraud

**INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF SCOTTISH ACTION FOR MENTAL HEALTH (continued)**

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Auditors' report.

**Use of our report**

This report is made solely to the charitable group's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's trustees, as a body, in accordance with regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members and directors those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, and its trustees, as a body for our audit work, for this report, or for the opinions we have formed.



Andrew Shaw (Senior statutory auditor)

For and on behalf of

**Anderson Anderson & Brown Audit LLP**

Statutory Auditor

81 George Street

Edinburgh

EH2 3ES

Date: 30 August 2024

Anderson Anderson & Brown Audit LLP are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

## Charity Statement of Financial Activity

(incorporating income and expenditure account)

at 31 March 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>Income and Endowments:</b>					
Donations and Legacies		1,826,923	68,972	1,895,895	2,870,211
From Charitable Activities		1,249,692	16,590,382	17,840,074	18,139,855
Investments		228,986	-	228,986	9,142
<b>Total incoming resources</b>	<b>3</b>	<b>3,305,601</b>	<b>16,659,354</b>	<b>19,964,955</b>	<b>21,019,208</b>
<b>Expenditure on:</b>					
Raising Funds		892,877	-	892,877	659,757
Charitable Activities:	7	3,800,523	16,596,615	20,397,138	19,577,356
Other Resources Expended		81,040	-	81,040	30,000
<b>Total resources expended</b>		<b>4,774,440</b>	<b>16,596,615</b>	<b>21,371,055</b>	<b>20,267,113</b>
<b>Net Gains/(Losses) on Investments</b>	<b>6</b>	<b>466,908</b>	<b>-</b>	<b>466,908</b>	<b>(342,682)</b>
<b>Net Income/(Expenditure)</b>		<b>(1,001,931)</b>	<b>62,739</b>	<b>(939,192)</b>	<b>409,413</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		13,879,035	631,563	14,510,598	14,101,185
<b>Total funds carried forward</b>		<b>12,877,104</b>	<b>694,302</b>	<b>13,571,406</b>	<b>14,510,598</b>

## Consolidated Statement of Financial Activity

(incorporating income and expenditure account)

at 31 March 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>Income and Endowments:</b>					
Donations and Legacies		1,826,923	68,972	1,895,895	2,870,211
From Charitable Activities:		1,553,031	16,590,382	18,143,413	18,370,705
Investments		228,986	-	228,986	9,142
<b>Total incoming resources</b>	<b>3</b>	<b>3,608,940</b>	<b>16,659,354</b>	<b>20,268,294</b>	<b>21,250,058</b>
<b>Expenditure on:</b>					
Raising Funds		892,877	-	892,877	659,757
Charitable Activities:	7	4,096,560	16,596,615	20,693,175	19,824,347
Other Resources Expended		81,040	-	81,040	30,000
<b>Total resources expended</b>		<b>5,070,477</b>	<b>16,596,615</b>	<b>21,667,092</b>	<b>20,514,104</b>
<b>Net Gains/(Losses) on Investments</b>	<b>6</b>	<b>466,908</b>	<b>-</b>	<b>466,908</b>	<b>(342,682)</b>
<b>Net Income/(Expenditure)</b>		<b>(994,629)</b>	<b>62,739</b>	<b>(931,890)</b>	<b>393,272</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		13,966,367	631,563	14,597,930	14,204,658
<b>Total funds carried forward</b>		<b>12,971,738</b>	<b>694,302</b>	<b>13,666,040</b>	<b>14,597,930</b>



## Statement of Financial Position

at 31 March 2024

	Notes	Consolidated 2024 £	Consolidated 2023 £	Charity 2024 £	Charity 2023 £
<b>Fixed assets</b>					
Tangible assets	9	1,729,510	2,181,357	1,729,510	2,181,357
Investment Property	9	4,490,000	4,190,000	4,490,000	4,190,000
Investments	10	7,273,307	7,105,451	7,273,307	7,105,451
		<u>13,492,817</u>	<u>13,476,808</u>	<u>13,492,817</u>	<u>13,476,808</u>
<b>Current assets</b>					
Debtors	11	2,019,369	2,275,310	1,869,808	1,803,301
Cash at bank and in hand		1,839,018	3,520,045	1,833,552	3,519,726
		<u>3,858,387</u>	<u>5,795,355</u>	<u>3,703,360</u>	<u>5,323,027</u>
<b>Creditors: amounts falling due within one year</b>	12	<u>3,354,039</u>	<u>3,796,889</u>	<u>3,293,647</u>	<u>3,411,893</u>
<b>Net current assets</b>		<u>504,348</u>	<u>1,998,466</u>	<u>409,713</u>	<u>1,911,134</u>
<b>Total assets less current liabilities</b>		<u>13,997,165</u>	<u>15,475,274</u>	<u>13,902,530</u>	<u>15,387,942</u>
<b>Provisions for liabilities and charges</b>	13	<u>331,124</u>	<u>877,344</u>	<u>331,124</u>	<u>877,344</u>
<b>Net assets</b>		<u>13,666,041</u>	<u>14,597,930</u>	<u>13,571,406</u>	<u>14,510,598</u>
<b>Total Funds</b>					
Restricted funds	14	694,302	631,563	694,302	631,563
Unrestricted funds	15	12,971,738	13,966,366	12,877,104	13,879,035
Equity		1	1	-	-
		<u>13,666,041</u>	<u>14,597,930</u>	<u>13,571,406</u>	<u>14,510,598</u>



Shona Littlejohn

Chair

28 August 2024



Ross McAdam

Treasurer

28 August 2024

## Statement of Cash Flows and Consolidated Statement of Cash Flows

for the year ended 31 March 2024

		Consolidated 2024 £	Consolidated 2023 £	Charity 2024 £	Charity 2023 £
	<i>Notes</i>				
Net cash inflow from Operating Activities	5	(2,063,104)	(3,324,582)	(2,068,251)	(3,285,763)
Investment Return/Finance Servicing	19	32,404	7,372	32,404	7,372
Capital Expenditure	19	349,673	(127,788)	349,673	(127,788)
Decrease in Cash		<u>(1,681,027)</u>	<u>(3,444,998)</u>	<u>(1,686,174)</u>	<u>(3,406,179)</u>

### Reconciliation of net cash flow to movement in net funds (note 16)

	Consolidated 2024 £	Consolidated 2023 £	Charity 2024 £	Charity 2023 £
Decrease in cash in the period	(1,681,027)	(3,444,998)	(1,686,174)	(3,406,179)
Cash outflow from change in debt	-	-	-	-
Change in net funds	(1,681,027)	(3,444,998)	(1,686,174)	(3,406,179)
Net funds at 1 April	<u>3,520,045</u>	<u>6,965,043</u>	<u>3,519,726</u>	<u>6,925,905</u>
Net funds at 31 March	<u>1,839,018</u>	<u>3,520,045</u>	<u>1,833,552</u>	<u>3,519,726</u>

# Notes to the Financial Statements for Charity and Group

for the year ended 31 March 2024

## 1. Accounting policies

### ***Basis of preparation***

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

As allowed by paragraph 3(3) of Schedule 4 to the 2006 Companies Act, the trustees have, due to the special nature of the company's business, adapted the prescribed format for the profit and loss account.

### ***Going Concern***

The Financial Statements have been prepared on a going concern basis. Further information regarding going concern is included in the going concern section on page 24.

### ***Financial Instruments***

The Group only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest rate method.

Intercompany balances relate to recharge of services between SAMH and its trading subsidiary SAMH Services (Scotland) Ltd. These are accounted for in line with all trade debtors and creditors as noted above and balances are settled through payment on a routine basis/net off of liabilities between the entities.

### ***Investments***

Quoted investments are included in the financial statements at market value. The investments are revalued to market value immediately before disposal and at 31 March 2024. Any unrealised gains or losses arising from the revaluation are recognised at this point.

### ***Investment Property***

Investment property is held to earn rental income, for capital appreciation or both. These are carried at their fair values, based on annual market valuations as determined by independent valuers. Any surplus or deficit on revaluation is recognised in the income statement.

### ***Repairs and renewals***

Furniture and equipment purchased for services are accounted for as revenue expenditure.

### ***Leasing commitments***

Rentals payable under operating leases are charged to the income and expenditure account on a straight line basis over the lease term.

### ***Pensions***

The company operates a defined contribution pension scheme (Group Personal Pension) and contributions payable are charged to the income and expenditure account in the year incurred.

### ***Depreciation***

Fixed assets are initially recorded at cost. Investment Property is not depreciated. Assets in the course of construction are not depreciated until the asset is fully completed and ready for use.

Depreciation is provided on tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset by equal monthly instalments over its expected useful life as follows:

Freehold property	- over 25 to 50 years
Property refurbishment	- over 5 to 25 years

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 1. Accounting policies (continued)

Information and Communication Technology	- over 3 to 10 years
Office equipment and fittings	- over 4 years
Tools and equipment	- over 4 to 5 years
Motor vehicles	- over 3 years

#### ***Fund accounting***

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds are unrestricted funds that have been set aside by the trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with restrictions imposed by the donors or contracts.

The aims and uses of funds are set out in Notes 14 and 15.

#### ***Income recognition***

Operating income is recognisable once all performance conditions for the receipt of the money have been satisfied. Where these performance conditions have not been met, income is deferred until the conditions that limit recognition are met. Other income, such as donations, legacies and grants, is recognised when there is legal entitlement, it is quantifiable and there is reasonable certainty of receipt.

Where restrictions are attached to the defrayment of the monies, the income is restricted. Where no such conditions exist, the income is unrestricted.

#### ***Judgements and Estimates***

The preparation of the Group's charity and consolidated financial statements requires management to make judgements, estimates and assumptions that affect the reported amounts of Income, Expenditure, Assets and Liabilities. The following areas have been identified as areas where significant judgements, estimates and assumptions have been applied.

- Payments received on account for contracts and performance related grants are reviewed at year end to ensure income is recognised in accordance with FRS102 and the charity SORP. Payments received on account for contracts and performance related grants relate to amounts received for which conditions for recognition of funding remain outstanding at 31 March 2024, (Note 12)
- Deferred Income is recognised in line with the stipulated timescales and/or when performance conditions are met, (Note 12)
- Provisions are reviewed in line with the most up to date information available to management to assess future costs resulting from previous events at 31 March 2024, (Note 13)
- The investment property value is based on a market value and subsequent sale after year end. Management are satisfied there is no indication of impairment in the value of the carrying asset, (Note 9)

#### ***Allocation of expenditure***

Liabilities are recognised on an accruals basis. Where possible, expenditure has been allocated directly to functional expenditure, fundraising, policy, campaigning and information, or governance in the Statement of Financial Activities. Where this is not possible, it has been allocated on the basis of time spent by staff on each activity.

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 1. Accounting policies (continued)

Governance costs include both direct and indirect costs that relate to the general running of the Company. Direct costs include expenditure on Trustee meetings, Company Secretary and Executive Management time. Indirect costs include an apportionment of various Directorate Costs, mostly from within the Chief Executive Office and Corporate Services Directorate, covering the general and financial management of the charity respectively.

#### VAT

The Charitable Company is registered as a group for VAT but we can only partially recover VAT due to the exempt nature of our activities. Expenditure, therefore, is included gross of irrecoverable VAT.

The Company is a registered charity within the meaning of the Trustee Investment and Charities (Scotland) Act 2005 and recognised as a charity by HM Revenue & Customs. Trading activities undertaken operated through its subsidiary company, SAMH Services (Scotland) Limited and attract VAT where applicable. Group VAT registration number is 190 4877 78.

### 2. Events after the reporting period

Subsequent to the financial year end, SAMH sold a property, Hayweight House in Edinburgh. The property was revalued at 31 March 2024 to reflect the expected sale proceeds and this valuation is reflected in these accounts.

### 3. Income

Note 14, provides an analysis of sources and purpose of restricted income. The table below provides a breakdown of sources of income disclosed in the Statement of Financial Activity.

#### Charity

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>Donations and Legacies:</b>				
Donations and Gifts	966,607	-	966,607	1,063,876
Legacies	17,659	-	17,659	98,338
Trusts and Corporates	842,657	68,972	911,629	1,707,997
<b>Total donations and legacies</b>	<b>1,826,923</b>	<b>68,972</b>	<b>1,895,895</b>	<b>2,870,211</b>
<b>Investment:</b>				
Interest	32,404	-	32,404	7,372
Investment income	192,040	-	192,040	-
Other	4,542	-	4,452	1,770
<b>Total investment</b>	<b>228,986</b>	<b>-</b>	<b>228,986</b>	<b>9,142</b>
<b>Charitable activities:</b>				
Fieldwork and service delivery	1,249,692	16,590,382	17,840,074	18,139,855
<b>Total charitable activities</b>	<b>1,249,692</b>	<b>16,590,382</b>	<b>17,840,074</b>	<b>18,139,855</b>
<b>Total income</b>	<b>3,305,601</b>	<b>16,659,354</b>	<b>19,964,955</b>	<b>21,019,208</b>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### Consolidated

	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>Donations and Legacies:</b>				
Donations and Gifts	966,607	-	966,607	1,063,876
Legacies	17,659	-	17,659	98,338
Trusts and Corporates	842,657	68,972	911,629	1,707,997
<b>Total donations and legacies</b>	<b>1,826,923</b>	<b>68,972</b>	<b>1,895,895</b>	<b>2,870,211</b>
<b>Investment:</b>				
Interest	32,404	-	32,404	7,372
Investment income	192,040	-	192,040	-
Other	4,542	-	4,452	1,770
<b>Total investment</b>	<b>228,986</b>	<b>-</b>	<b>228,986</b>	<b>9,142</b>
<b>Charitable activities:</b>				
Fieldwork and service delivery	1,553,031	16,590,382	18,143,413	18,370,705
<b>Total charitable activities</b>	<b>1,553,031</b>	<b>16,590,382</b>	<b>18,143,413</b>	<b>18,370,705</b>
<b>Total income</b>	<b>3,608,940</b>	<b>16,659,354</b>	<b>20,268,294</b>	<b>21,250,058</b>

#### 4. Staff costs and numbers for Charity and Group

	2024 £	2023 £
Wages and Salaries	14,647,428	13,344,456
Social Security Costs	1,350,913	1,272,681
Other Pension Costs	320,637	400,515
	<b>16,318,978</b>	<b>15,017,652</b>

The wages and salaries costs for 2023/24 above include compensation for loss of employment made to two employees including associated tax liabilities totalling £61,897 (2023 £143,553). This figure is also included in the salary bandings below.

Trustees' remuneration for their service during the year was £0 (2023 £0), £160 (2023 £289) was reimbursed to two (2023 two) Trustees for travel expenses.

The number of employees whose emoluments were greater than £60,000 for the year fell in the following bands:

	2024	2023
£60,000 to £70,000	5	3
£70,000 to £80,000	2	3
£80,000 to £90,000	2	1
£90,000 to £100,000	1	1
£100,000 to £110,000	-	-
£110,000 to £120,000	-	-
£120,000 to £130,000	1	1
£240,000 to £250,000	-	1

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

A total of £22,867 (2023 £132,872) was paid by the company to group personal pension schemes in respect of the staff above. No one-off payments in 2023/24 (2022/23 1) related to the loss of employment are disclosed above.

The key management personnel of the company comprised of the Chief Executive, Chief Operating Officer, Executive Director of Operations, Executive Director of Influence and Change and Executive Director of Fundraising and Major Appeal (appointed 22<sup>nd</sup> May 2023).

The employee benefits for key management personnel was salaries £470,227 (2023 £503,958) and pensions £14,406 (2023 £124,285).

The average monthly number of employees in the year was 558 (2023 - 498), of which 354 (2023 - 258) were full-time, and 204 (2023 - 240) were part-time employees.

This represents approximately 463 (2023 - 435) full-time equivalent staff during the year.

The split by activity is:

	2024	2023
Fundraising	19	13
Community Based Services	366	333
Employment Services	18	26
Policy, Campaigning and Information	7	24
Management, Administration and Support	53	39
	<u>463</u>	<u>435</u>

The Charity has arrangements in place for both temporary agency staff and seconded staff. During the year, £489,934 (2023 £510,818) was paid to various agencies for the supply of temporary staff required at ad-hoc times to ensure continuous service provision.

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 5. Surplus for the year

a) This is stated after charging:

	Group 2024 £	Group 2023 £	Charity 2024 £	Charity 2023 £
Depreciation	189,705	185,239	189,705	185,239
Auditor's remuneration:				
Statutory audit services	57,200	79,500	44,000	63,600
Operating lease rentals				
Equipment	16,682	4,941	16,682	4,941
Property	2,416	5,661	2,416	5,661

Group Auditor's remuneration includes the audit of the SAMH Services (Scotland) Limited financial statements.

b) Reconciliation of surplus for the year to net cash flow from operating activities

	Consolidated 2024 £	Consolidated 2023 £	Charity 2024 £	Charity 2023 £
(Deficit)/Surplus for the year	(931,890)	393,272	(939,192)	409,413
(Gain)/Loss from investments	(528,216)	342,682	(528,216)	342,682
Finance Income	(32,404)	(7,372)	(32,404)	(7,372)
Depreciation	189,705	185,239	189,705	185,239
(Loss)/ Gain on disposal	(61,308)	9,375	(61,308)	9,375
(Increase)/Decrease in debtors	290,079	(411,391)	(32,371)	(290,577)
Increase/(Decrease) in creditors	(442,850)	(3,245,282)	(118,245)	(3,343,418)
Increase/(Decrease) in provisions	(546,220)	(591,105)	(546,220)	(591,105)
Net cash (Outflow)/Inflow from operating activities	<u>(2,063,104)</u>	<u>(3,324,582)</u>	<u>(2,068,251)</u>	<u>(3,285,763)</u>

### 6. Revaluation of investments

	2024 £	2023 £
Gain/(Loss) on fixed asset investments	528,216	(342,682)
(Loss) on revaluation of investment property	(61,308)	-
	<u>466,908</u>	<u>(342,682)</u>



## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 7. Analysis of Expenditure on Charitable Activities

#### Charity Analysis of Expenditure on Charitable Activities

	Community Based Services	Employment	Policy & Campaigns	Total 2024	Total 2023
	£	£	£	£	£
Staff Costs	12,421,404	780,491	2,237,140	15,439,035	14,258,078
Property Costs	1,033,099	24,976	63,429	1,121,504	1,041,214
Other Direct costs	2,109,015	212,318	895,817	3,217,150	3,646,033
Governance & Support	487,458	31,878	100,113	619,449	632,031
<b>Total</b>	<b>16,050,976</b>	<b>1,049,663</b>	<b>3,296,499</b>	<b>20,397,138</b>	<b>19,577,356</b>

Please note that the above costs are allocated on actual or activity as appropriate.

#### Charity Analysis of Governance and Support

	Staff Costs	Other Direct	Total 2024	Total 2023
	£	£	£	£
Governance	261,818	70,793	332,611	325,551
Support	176,935	109,903	286,838	306,480
<b>Total</b>	<b>438,753</b>	<b>180,696</b>	<b>619,449</b>	<b>632,031</b>

Please note the above costs are allocated on the basis of activity.

#### Consolidated Analysis of Expenditure on Charitable Activities

	Community Based Services	Employment	Policy & Campaigns	Total 2024	Total 2023
	£	£	£	£	£
Staff Costs	12,418,955	781,082	2,238,998	15,439,035	14,258,078
Property Costs	1,032,724	25,067	63,713	1,121,504	1,041,214
Other Direct costs	2,320,575	232,721	959,891	3,513,187	3,893,024
Governance & Support	486,711	32,058	100,680	619,449	632,031
<b>Total</b>	<b>16,258,965</b>	<b>1,070,928</b>	<b>3,363,282</b>	<b>20,693,175</b>	<b>19,824,347</b>

Please note that the above costs are allocated on actual or activity as appropriate.

#### Consolidated Analysis of Governance and Support

	Staff Costs	Other Direct	Total 2024	Total 2023
	£	£	£	£
Governance	261,818	70,793	332,611	325,551
Support	176,935	109,903	286,838	306,480
<b>Total</b>	<b>438,753</b>	<b>180,696</b>	<b>619,449</b>	<b>632,031</b>

Please note the above costs are allocated on the basis of activity.

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 8. Comparative Statements of Financial Activity

#### Charity 2022-23

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b>Income and Endowments:</b>					
Donations and Legacies		2,798,555	71,656	2,870,211	2,277,268
From Charitable Activities		2,092,941	16,046,914	18,139,855	17,060,087
Investments		9,142	-	9,142	12,244
<b>Total incoming resources</b>	<b>3</b>	<b><u>4,900,638</u></b>	<b><u>16,118,570</u></b>	<b><u>21,019,208</u></b>	<b><u>19,349,599</u></b>
<b>Expenditure on:</b>					
Raising funds		659,757	-	659,757	532,522
Charitable Activities	7	3,521,605	16,055,751	19,577,356	17,659,096
Other resources expanded		30,000	-	30,000	102,272
<b>Total resources expended</b>		<b><u>4,211,362</u></b>	<b><u>16,055,751</u></b>	<b><u>20,267,113</u></b>	<b><u>18,293,890</u></b>
<b>Net Gains/ (Losses) on Investments</b>	<b>6</b>	<b>(342,682)</b>	<b>-</b>	<b>(342,682)</b>	<b>159,177</b>
<b>Net income (Expenditure)</b>		<b><u>346,594</u></b>	<b><u>62,819</u></b>	<b><u>409,413</u></b>	<b><u>1,214,886</u></b>
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>13,532,441</u>	<u>568,744</u>	<u>14,101,185</u>	<u>12,886,299</u>
<b>Total funds carried forward</b>		<b><u>13,879,035</u></b>	<b><u>631,563</u></b>	<b><u>14,510,598</u></b>	<b><u>14,101,185</u></b>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 8. Comparative Statements of Financial Activity continued

#### Consolidated 2022-23

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b>Income and Endowments:</b>					
Donations and Legacies		2,798,555	71,656	2,870,211	2,277,268
From Charitable Activities		2,323,791	16,046,914	18,370,705	17,342,864
Investments		9,142	-	9,142	12,244
<b>Total incoming resources</b>	<b>3</b>	<b><u>5,131,488</u></b>	<b><u>16,118,570</u></b>	<b><u>21,250,058</u></b>	<b><u>19,632,376</u></b>
<b>Expenditure on:</b>					
Raising funds		659,757	-	659,757	532,522
Charitable Activities	7	3,768,596	16,055,751	19,824,347	17,942,480
Other resources expended		30,000	-	30,000	102,272
<b>Total resources expended</b>		<b><u>4,458,353</u></b>	<b><u>16,055,751</u></b>	<b><u>20,514,104</u></b>	<b><u>18,577,274</u></b>
<b>Net Gains/ (Losses) on Investments</b>	<b>6</b>	<b>(342,682)</b>	<b>-</b>	<b>(342,682)</b>	<b>159,177</b>
<b>Net income (Expenditure)</b>		<b><u>330,453</u></b>	<b><u>62,819</u></b>	<b><u>393,272</u></b>	<b><u>1,214,280</u></b>
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>13,635,914</u>	<u>568,744</u>	<u>14,204,658</u>	<u>12,990,378</u>
<b>Total funds carried forward</b>		<b><u>13,966,367</u></b>	<b><u>631,563</u></b>	<b><u>14,597,930</u></b>	<b><u>14,204,658</u></b>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 9. Tangible Fixed Assets for Charity and Group

	Heritable Property £	Investment Property £	Computer Equipment £	Office Equipment £	Vehicles £	Total £
Cost or Valuation:						
At 1 April 2023	3,481,058	4,190,000	1,332,477	586,096	14,644	9,604,275
Revaluations	-	(388,715)	-	-	-	(388,715)
Additions	61,075	-	2,646	35,445	-	99,166
Transfers	(682,539)	688,715	-	(6,176)	-	-
At 31 March 2024	<u>2,859,594</u>	<u>4,490,000</u>	<u>1,335,123</u>	<u>615,365</u>	<u>14,644</u>	<u>9,314,726</u>
Depreciation:						
At 1 April 2023	(1,647,260)	-	(985,082)	(585,932)	(14,644)	(3,232,918)
Charge for the year	(137,745)	-	(51,824)	(136)	-	(189,705)
Transfers	321,231	(327,407)	-	6,176	-	-
Revaluation	-	327,407	-	-	-	327,407
At 31 March 2024	<u>(1,463,774)</u>	<u>-</u>	<u>(1,036,906)</u>	<u>(579,892)</u>	<u>(14,644)</u>	<u>(3,095,216)</u>
Net book value:						
At 31 March 2024	<u>1,395,820</u>	<u>4,490,000</u>	<u>298,217</u>	<u>35,473</u>	<u>-</u>	<u>6,219,510</u>
At 31 March 2023	<u>1,833,798</u>	<u>4,190,000</u>	<u>347,395</u>	<u>164</u>	<u>-</u>	<u>6,371,357</u>

Hayweight House (investment property) is held at market valuation. This valuation includes the floors previously used by SAMH as they were no longer in use as at 31 March and therefore the whole property is held as an investment property as at 31 March 2024. As at 31 March 2024 we had agreed to sell the property on the open market and the valuation is based on the agreed sale price. The property was subsequently sold in May 2024.

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 10. Fixed Asset Investments for Charity and Group

	2024 £	2023 £
Balance at 1 April	7,105,451	7,468,769
Disposals	(500,000)	-
Income received and reinvested	192,040	-
Fees deducted	(52,400)	(20,636)
Revaluations	528,216	(342,682)
Balance at 31 March	<u>7,273,307</u>	<u>7,105,451</u>
	2024 £	2023 £
<i>Comprising:</i>		
Investments – market value	<u>7,273,307</u>	<u>7,105,451</u>
Investments – historic cost	<u>6,919,632</u>	<u>7,210,821</u>

All investments held are made up of listed equity investments with a publicly available price and available for immediate liquidation to cash although the intention is to hold these as long-term investments.

### 11. Debtors

	Group 2024 £	Group 2023 £	Charity 2024 £	Charity 2023 £
Trade Debtors	804,857	1,562,917	622,825	848,716
VAT	-	-	32,471	45,815
Amounts owed by group and associated undertakings	-	-	-	196,376
Sundry Debtors	96,477	143,547	96,477	143,547
Prepayments and accrued income	1,118,035	568,846	1,118,035	568,847
	<u>2,019,369</u>	<u>2,275,310</u>	<u>1,869,808</u>	<u>1,803,301</u>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 12. Creditors: amounts falling due within one year

	Group 2024 £	Group 2023 £	Charity 2024 £	Charity 2023 £
PAYE and national insurance	329,883	287,688	329,883	287,688
VAT	406,878	425,932	-	-
Deferred Income	1,205,421	1,369,860	1,205,421	1,369,860
Trade Payables	308,034	477,085	308,001	477,261
Sundry Creditors	120,016	119,997	152,316	160,757
Accruals	776,094	833,334	776,094	833,334
Amounts owed to group and associated undertakings	-	-	314,219	-
Payments received on account for contracts and performance related grants.	207,713	282,993	207,713	282,993
	<u>3,354,039</u>	<u>3,796,889</u>	<u>3,293,647</u>	<u>3,411,893</u>

Payments received on account for contracts and performance related grants relate to amounts received for which conditions for recognition of funding remain outstanding at 31 March 2024. These credit balances will be released as the conditions are met or repaid as required within one year.

#### Deferred income analysis

Deferred income is where the donors specify that grants given to the charity must be spent in future accounting periods when the performance conditions are met. Grant conditions are expected to be met over the next five-year period.

	2024 £	2023 £
Opening project deferred income	1,301,660	3,368,807
Opening other income sources deferred income	<u>68,200</u>	<u>-</u>
	1,369,860	3,368,807
Released to project income	(731,458)	(2,151,214)
Released to other income sources	(63,200)	-
Project income received in year and deferred to future periods	615,130	84,067
Other income received in year and deferred to future periods	<u>15,089</u>	<u>68,200</u>
	<u>1,205,421</u>	<u>1,369,860</u>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 13. Provisions for Liabilities and Charges for Charity and Group

	2024	2023
	£	£
Balance at 1 April	877,344	1,468,449
Added during the year	123,122	122,836
Utilised during the year	(389,660)	(505,574)
Released during the year	<u>(279,683)</u>	<u>(208,368)</u>
Balance at 31 March	<u>331,124</u>	<u>877,344</u>

The balance of £331,124 is for provisions for onerous contracts. Where contracts are forecast to make losses these are estimated over the life of the contract. The estimates are revised annually and represent the lower of the costs of completing the contract or the costs of exiting the contract early if the contract allows this. These provisions are estimated based on the information available to management at the time of approval and include Glasgow services £139,699, Forth Valley services £67,850, Edinburgh services £45,730, Aberdeen services £22,414, Fife services £22,175, Inverclyde services £16,360, North Lanarkshire services £11,373 and West Dunbartonshire Services £5,523.

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 14. Restricted funds for Charity and Group

#### Current Year

	Balance at 1 April 2023 £	Incoming Resources £	Outgoing Resources £	Balance at 31 March 2024 £
Capital Reserve	85,459		(5,001)	80,458
Local Authorities	-	12,572,516	(12,572,516)	-
Health Boards	-	1,381,127	(1,381,127)	-
<b><u>Scottish Government</u></b>				
See Me	100,000	1,018,600	(997,729)	120,871
respectme	146,396	360,668	(339,096)	167,968
Suicide National Programme	48,818	155,406	(156,682)	47,542
Changing Rooms Extra Time	-	89,538	(89,538)	-
<b><u>Movember</u></b>				
The Changing Room	9,752	138,386	(138,386)	9,752
<b><u>Other Funders</u></b>				
Co-op Partnership Funding	-	333,900	(333,900)	-
Sportscotland Partnership	49,375	125,058	(125,058)	49,375
Jo Malone	38,326	57,520	(16,063)	79,783
Scottish Sports Futures (Active to Grow)	-	43,000	(27,161)	15,839
Glasgow Communities Fund – Let’s Talk Glasgow N.E.	5,822	49,056	(50,796)	4,082
Other	147,615	334,579	(363,562)	118,632
<b>Total</b>	<b>631,563</b>	<b>16,659,354</b>	<b>(16,596,615)</b>	<b>694,302</b>



## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 14. Restricted funds for Charity and Group continued

#### Comparative (2022-23)

	Balance at 1 April 2022	Incoming Resources	Outgoing Resources	Balance at 31 March 2023
	£	£	£	£
Capital Reserve	90,460	-	(5,001)	85,459
Local Authorities	-	11,636,181	(11,636,181)	-
Health Boards	-	1,004,281	(1,004,281)	-
<b><u>Scottish Government</u></b>				
See Me	126,024	1,083,750	(1,109,774)	100,000
respectme	139,081	373,980	(366,665)	146,396
Suicide National Programme	22,561	422,018	(395,761)	48,818
Changing Rooms Extra Time	-	70,400	(70,400)	-
<b><u>Movember</u></b>				
The Changing Room	9,752	125,023	(125,023)	9,752
<b><u>Other Funders</u></b>				
Co-op Partnership Funding	-	711,616	(711,616)	-
Morgan Stanley - Glasgow Connect	-	32,458	(32,458)	-
Sportscotland Partnership	41,012	164,094	(155,731)	49,375
Jo Malone	47,403	60,434	(69,511)	38,326
Scottish Sports Futures (Active to Grow)	-	32,000	(32,000)	-
Glasgow Communities Fund – Let’s Talk Glasgow N.E.	7,148	48,264	(49,590)	5,822
Other	85,303	354,071	(291,759)	147,615
<b>Total</b>	<b>568,744</b>	<b>16,118,570</b>	<b>(16,055,751)</b>	<b>631,563</b>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 14. Restricted funds for Charity and Group (continued)

#### ***Capital reserve***

This represents grants received from funding partners for the purchase of capital equipment. Depreciation on these assets will be charged to this fund in line with the depreciation policy.

#### ***Local Authorities***

This represents funding received to deliver a wide range of social care services including housing support, care at home and care homes, GP link workers, children and young peoples' services, therapeutic horticulture and employment.

#### ***Health Boards***

This is funding received from Health Boards (NHS Greater Glasgow and Clyde and NHS Tayside) for our Individual Placement Support employment service and therapeutic horticulture respectively.

#### ***See Me***

This represents funds received from the Scottish Government Scotland's anti-stigma and discrimination programme, See Me. Expenditure incurred will be charged against this fund.

#### ***respectme***

This represents funds received from the Scottish Government to fund Scotland's anti-bullying service, respectme. Expenditure incurred will be charged to this fund.

#### ***Suicide National Programme***

This funding received from the Scottish Government to provide Delivery Lead for specific outcomes for Scotland's Suicide Prevention Strategy. We also receive resources to lead the Lived Experience Panel which brings together people with experience of suicide to influence the work of the NSPLG.

#### ***Changing Rooms Extra Time***

This represents funding received from the Scottish Government to extend the Changing Rooms project.

#### ***The Changing Room***

Funded by Movember, the aim of this project is to increase social connectedness and reduce loneliness and isolation in men in their middle years. Our initial project was with Hibernian Football Club, this was then extended nationally with additional funding, including from Movember.

#### ***Co-op Partnership Funding***

Funded by staff fundraising in Co-op stores and funeral care business along with cause related marketing initiatives to support a new and ambitious community resilience programme. The aim is to build mentally healthy communities and target populations where the need is greatest.

#### ***Sportscotland Partnership***

This is a national sport service offering design and delivery across various learning and development activities across key stakeholders such as Active Schools

#### ***Jo Malone***

Funding from Estee Lauder to support Redhall Walled Garden in Edinburgh.

## **Notes to the Financial Statements for Charity and Group (continued)**

for the year ended 31 March 2024

### **14. Restricted funds for Charity and Group (continued)**

#### ***Scottish Sports Futures***

Working in partnership with Scottish Sports Futures to deliver mental health awareness and promote resilience and wellbeing through the power of sport. Participants are Young People at present aged between 11-14.

#### ***Glasgow Communities Fund***

Let's Talk NE is about delivering face to face pop up gatherings and community engagement events as a means to get people talking and increasing knowledge about mental health.

#### ***Other***

Comprises small grants from a range of funders.

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 15. Unrestricted Funds

#### Current Year

#### Charity Unrestricted funds

	Balance at 1 April 2023 £	Incoming Resources £	Outgoing Resources £	Unrealised Gains/losses £	Balance at 31 March 2024 £
<b>Designated</b>					
Renewal and replacement fund	335,937	191,220	(128,676)	-	398,481
Revaluation Reserve	758,610	-	-	466,908	1,225,518
Capital reserve	605,622	-	(190,923)	-	414,699
Investment Reserve	1,927,893	-	(430,731)	-	1,497,162
	<u>3,628,062</u>	<u>191,220</u>	<u>(750,330)</u>	<u>466,908</u>	<u>3,535,860</u>
<b>Unrestricted</b>					
General reserve	10,250,973	3,114,382	(4,024,111)	-	9,341,244
<b>Total</b>	<u>13,879,035</u>	<u>3,305,602</u>	<u>(4,774,441)</u>	<u>466,908</u>	<u>12,877,104</u>

#### Consolidated Unrestricted funds

	Balance at 1 April 2023 £	Incoming Resources £	Outgoing Resources £	Unrealised Gains/losses £	Balance at 31 March 2024 £
<b>Designated</b>					
Renewal and replacement fund	335,937	191,220	(128,676)	-	398,481
Revaluation Reserve	758,610	-	-	466,908	1,225,518
Capital reserve	605,622	-	(190,923)	-	414,699
Investment Reserve	1,927,893	-	(430,731)	-	1,497,162
	<u>3,628,062</u>	<u>191,220</u>	<u>(750,330)</u>	<u>466,908</u>	<u>3,535,860</u>
<b>Unrestricted</b>					
General reserve	10,338,305	3,417,721	(4,320,148)	-	9,435,878
<b>Total</b>	<u>13,966,367</u>	<u>3,608,941</u>	<u>(5,070,478)</u>	<u>466,908</u>	<u>12,971,738</u>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 15. Unrestricted Funds continued

#### Comparative (2022-23)

#### Charity Unrestricted funds

	Balance at 1 April 2022 £	Incoming Resources £	Outgoing Resources £	Unrealised Gains/losses £	Balance at 31 March 2023 £
<b>Designated</b>					
Renewal and replacement fund	430,506	162,156	(256,725)	-	335,937
Revaluation Reserve	1,101,292	-	-	(342,682)	758,610
Capital reserve	790,860	-	(185,238)	-	605,622
Investment Reserve	2,493,972	-	(566,079)	-	1,927,893
	<u>4,816,630</u>	<u>162,156</u>	<u>(1,008,042)</u>	<u>(342,682)</u>	<u>3,628,062</u>
<b>Unrestricted</b>					
General reserve	8,715,812	4,738,482	(3,203,321)	-	10,250,973
<b>Total</b>	<u>13,532,442</u>	<u>4,900,638</u>	<u>(4,211,363)</u>	<u>(342,682)</u>	<u>13,879,035</u>

#### Consolidated Unrestricted funds

	Balance at 1 April 2022 £	Incoming Resources £	Outgoing Resources £	Unrealised Gains/losses £	Balance at 31 March 2023 £
<b>Designated</b>					
Renewal and replacement fund	430,506	162,156	(256,725)	-	335,937
Revaluation Reserve	1,101,292	-	-	(342,682)	758,610
Capital reserve	790,860	-	(185,238)	-	605,622
Investment Reserve	2,493,972	-	(566,080)	-	1,927,892
	<u>4,816,630</u>	<u>162,156</u>	<u>(1,008,043)</u>	<u>(342,682)</u>	<u>3,628,061</u>
<b>Unrestricted</b>					
General reserve	8,819,283	4,969,332	(3,450,310)	-	10,338,305
<b>Total</b>	<u>13,635,913</u>	<u>5,131,488</u>	<u>(4,458,353)</u>	<u>(342,682)</u>	<u>13,966,366</u>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 15. Unrestricted Funds continued

#### *Renewal and replacement fund*

In order to provide for replacement and refurbishment, each building based service contributes to this renewal and replacement fund. The charge is based on a pre-determined rate per property per annum less actual replacement costs incurred during the year. In cases where a service would incur a deficit as a result of the charge computed, the amount of the transfer to the renewal and replacement fund is restricted to an amount which would limit the deficit on that service to nil. This reserve is reviewed annually and anything surplus to future designated requirements would be removed to the general unrestricted reserve.

#### *Revaluation reserve*

This represents the net movements from the revaluation of the investment property element of Hayweight House and net movements of the fixed asset investments. This designated reserve is held to mitigate against fluctuations in the value of investments.

#### *Capital reserve*

Depreciation on assets not included within other funds are charged to this fund in line with the depreciation policy.

#### *Investment reserve*

In August 2018, the Trustee Board revised the Reserves Policy to reflect the creation of the Investment Reserve to support future strategic priorities.

#### *General reserve*

This represents the balance of funds held which have no restrictions over how they may be spent. All transfers affecting the general reserve also have an impact on other reserves and are explained in those sections.

The designation of reserves is subject to periodic review and approval by the trustees.

### 16. Analysis of net assets

#### Current Year

#### Charity Analysis of net assets

	Restricted Funds £	Designated Funds £	General Reserve £	Total £
Tangible assets	80,458	555,576	5,583,476	6,219,510
Fixed Asset Investments	-	2,980,284	4,293,023	7,273,307
Debtors	619,626	-	1,250,182	1,869,808
Cash at bank and in hand	1,685,781	-	147,771	1,833,552
Creditors due within 1 year	(1,360,439)	-	(1,933,208)	(3,293,647)
Provisions	(331,124)	-	-	(331,124)
	<u>694,302</u>	<u>3,535,860</u>	<u>9,341,244</u>	<u>13,571,406</u>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 16. Analysis of net assets continued

#### Consolidated Analysis of net assets

	Restricted Funds £	Designated Funds £	General Reserve £	Total £
Tangible assets	80,458	555,576	5,583,476	6,219,510
Fixed Asset Investments	-	2,980,284	4,293,023	7,273,307
Debtors	619,626	-	1,399,743	2,019,369
Cash at bank and in hand	1,685,781	-	153,237	1,839,018
Creditors due within 1 year	(1,360,439)	-	(1,993,600)	(3,354,039)
Provisions	(331,124)	-	-	(331,124)
	<u>694,302</u>	<u>3,535,860</u>	<u>9,435,879</u>	<u>13,666,041</u>

#### Comparative (2022-23)

#### Charity Analysis of net assets

	Restricted Funds £	Designated Funds £	General Reserve £	Total £
Tangible assets	84,459	616,884	5,670,014	6,371,357
Fixed Asset Investments	-	3,011,178	4,094,273	7,105,451
Debtors	387,593	-	1,415,708	1,803,301
Cash at bank and in hand	2,255,481	-	1,264,245	3,519,726
Creditors due within 1 year	(1,218,626)	-	(2,193,267)	(3,411,893)
Provisions	(877,344)	-	-	(877,344)
	<u>631,563</u>	<u>3,628,062</u>	<u>10,250,973</u>	<u>14,510,598</u>

#### Consolidated Analysis of net assets

	Restricted Funds £	Designated Funds £	General Reserve £	Total £
Tangible assets	84,459	616,884	5,670,014	6,371,357
Fixed Asset Investments	-	3,011,178	4,094,273	7,105,451
Debtors	387,593	-	1,887,717	2,275,310
Cash at bank and in hand	2,255,481	-	1,264,564	3,520,045
Creditors due within 1 year	(1,218,626)	-	(2,578,263)	(3,796,889)
Provisions	(877,344)	-	-	(877,344)
	<u>631,563</u>	<u>3,628,062</u>	<u>10,338,305</u>	<u>14,597,930</u>

## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

The designated funds are expected to be moved to unrestricted reserves over a period ranging between one year and fifty years in line with the depreciation of the assets or use for other purposes for which the funds have been designated. In the opinion of the Trustees, the assets of each fund are sufficient to meet the future liabilities of each fund.

### 17. Taxation

The Charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. Included in the consolidated financial statements is SAMH Services (Scotland) Limited (SSSL). The trading company provides an amount of corporation tax which through gift aid will be paid to SAMH from the distributable profits of SSSL.

UK Corporation tax rate is 19 percent (small profits rate)/25 percent (main rate) (2023: 19 percent).

### 18. Financial commitments for Charity and Group

The annual commitment under non-cancellable operating leases was as follows:

	2024 £	2023 £
Leases expiring:		
Within one year – property	77,267	19,949
Within two to five years - property	<u>60,786</u>	<u>3,764</u>
	<u>138,053</u>	<u>23,713</u>

Contracted capital commitments at 31 March 2024 for which no provision has been made and not otherwise included in these financial statements total £0 (2023: £0)



## Notes to the Financial Statements for Charity and Group (continued)

for the year ended 31 March 2024

### 19. Notes to the Consolidated statement of cash flows

a) Gross cash flows:

	2024	2023
	£	£
Returns on investments and servicing of finance:		
Interest received	32,404	7,372
	<u>32,404</u>	<u>7,372</u>
Capital expenditure:		
Payments to acquire tangible fixed assets	(150,327)	(137,163)
Payments to acquire fixed asset investments	-	-
Receipts from sales of investments	500,000	9,375
	<u>349,673</u>	<u>(127,788)</u>

b) Analysis of changes in net funds:

	At 1 April 2023	Cash flows	Other changes	At 31 March 2024
	£	£	£	£
Cash at bank and in hand	3,520,045	1,681,027	-	1,839,018
	<u>3,520,045</u>	<u>1,681,027</u>	<u>-</u>	<u>1,839,018</u>

### 20. Related Party Transactions

SAMH supplies services to SAMH Services (Scotland) Limited. These transactions are on an 'arms-length' basis and costs charged to SAMH Services (Scotland) Limited are calculated on the basis of activity. During the year these amounted to £6,065,228 (2023 £5,590,108). At 31 March 2024, SAMH owed SAMH Services (Scotland) Limited £314,129. At 31 March 2023 SAMH Services (Scotland) Limited owed SAMH £195,727.

### 21. Pension commitments

The parent company operates two defined contribution pension schemes (Group Personal Pension Scheme). The assets of the scheme are held separately from those of the company in independently administered funds.

The pension cost charge represents contributions payable by the company to the funds and amounted to £68,325 (2023 £180,053) and £252,312 (2023 £220,462).

### 22. Group of Consolidated Companies

The results of SAMH Services (Scotland) Limited Registration number SC464846 are consolidated in the group financial statements.

Mental Health Scotland Ltd Registration No. SC613946 was established in 2018. For the year ended 31 March 2024 Mental Health Scotland was entitled to exemption from audit under section 480 of the Companies Act relating to dormant companies and therefore has not been integrated into the Group financial statements.

For the year ended 31 March 2024 Angus Mental Health Association (AMHA) Registration No. SC220760, Charity Number SC022544 was entitled to exemption from audit under section 480 of the Companies Act relating to dormant companies. AMHA has not been integrated into the Group financial statements as their influence on the Group's net assets, financial position and results is not material.

